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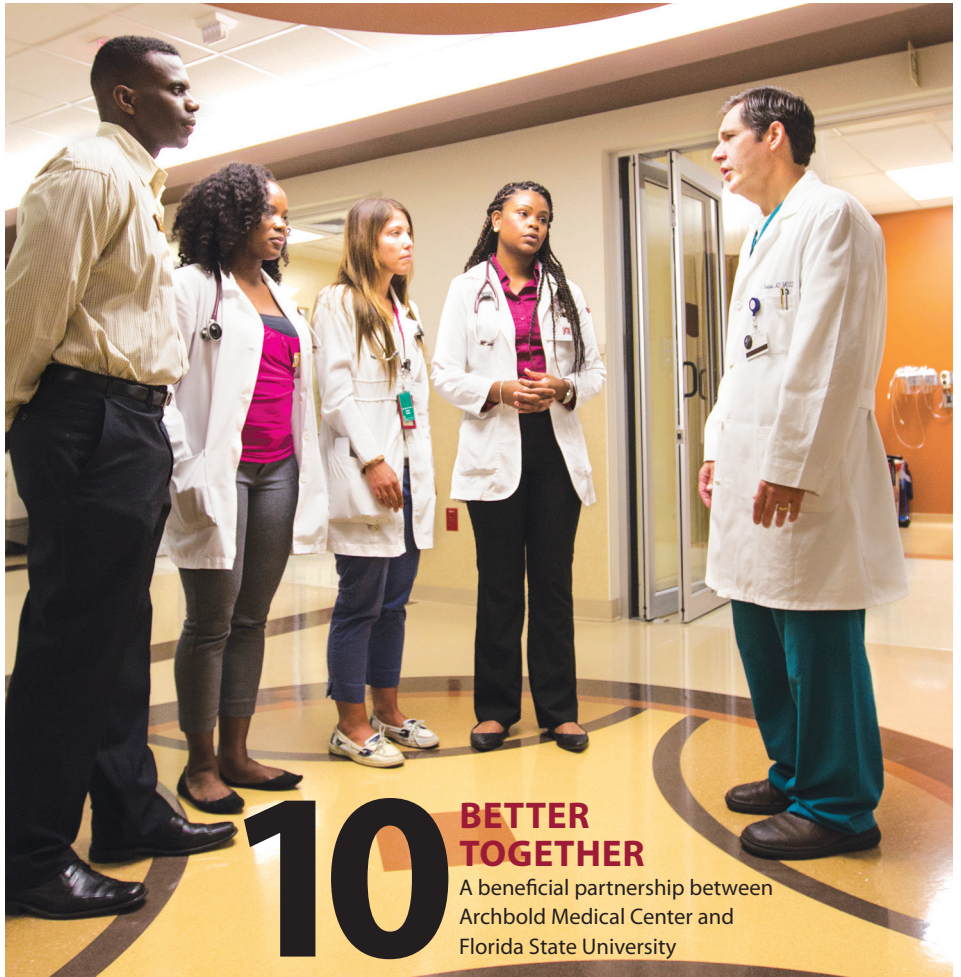
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Introducing the John F. 'Jack' Archbold North Tower

NEARLY TWO AND A HALF YEARS AGO, we opened the newest and most modern addition to the Archbold system—an eight-story patient tower that put the needs and comfort of our patients at the center of the patient care experience. In late October, we were proud to officially name Archbold's North Tower after our founder—John F. "Jack" Archbold.

The North Tower project dates back to 2006, when Archbold conducted a new master facility plan designed to address key infrastructure challenges in our older buildings. The result of that planning effort led to the 250,000-square-foot addition, which included a complete replacement for our emergency department, surgery department, intensive care unit, intermediate care unit and a majority of our bed capacity.

During the naming ceremony, we were honored to have Arthur Mahon speak. Since 1975, Mahon has served as the trustee of the Adrian and Jessie Archbold Charitable Trust. His support of the North Tower project made a vision become reality. Mahon's kind words and remarks about the importance of philanthropy were well-received.

The plaque that now hangs in the hallway to the North Tower entrance reads:

"This tribute is made with gratitude for the generosity and foresight of Adrian Archbold, son of John F. 'Jack' Archbold and his wife, Jessie Gebauer Archbold, who established this trust to help ease human suffering through the charitable support of many worthy organizations, including John D. Archbold Memorial Hospital.

"The Adrian and Jessie Archbold Charitable Trust represents the largest donor in the history of Archbold Memorial Hospital, having contributed more than \$25 million since the trust was established in 1975. The fulfillment of their wishes is overseen by trustee Arthur J. Mahon, Esq., who, since the creation of the trust, has generously funded numerous capital needs at John D. Archbold Memorial Hospital. In 2008, Mr. Mahon made the transformative lead gift in the North Tower capital campaign, ensuring the project would commence with strong individual donor support.

"Realizing the need for better health care in a community he loved, John F. 'Jack' Archbold planted the seed for the modern regional health care system that exists today. His singular gift in 1925 to build a community hospital in memory of his father John D. Archbold significantly improved the service and delivery of medical care in Thomasville. Over the years, his visionary act of generosity has benefitted generations of grateful patients.

"It is fitting and proper that the North Tower addition to John D. Archbold Memorial Hospital be named in memory of the original donor, Jack Archbold—and serve as a lasting tribute to a man whose singular gift helped transform the level and quality of health care in south Georgia."

Moments like this remind us of who we are, what we believe in and why we do what we do. I think John F. would be very proud of the organization we've become.

Respectfully,

J. Perry Mustian

President and CEO, Archbold Medical Center



Arthur J. Mahon (left), trustee of the Adrian and Jessie Archbold Charitable Trust with Vann Middleton, president of the Archbold Foundation



Vann Middleton (left), President of the Archbold Foundation, and Perry Mustian, president and CEO of Archbold Medical Center



Archbold neurosurgeon Gerald Kadis, MD (left); Vann Middleton, president of the Archbold Foundation; and Clay Campbell, president of Archbold Health Services

Grady General wins award for Clinical Excellence

GRADY GENERAL HOSPITAL (GGH) recently received a 2014 Leadership Award from VHA Georgia in the Clinical Excellence category for the hospital's success in reducing early elective deliveries (EEDs). GGH won first place in the category of hospitals with 50 to 149 beds.

EEDs are classified as induced or cesarean section deliveries after 37 weeks of pregnancy but before 39 completed weeks that are performed when there is no medical necessity.

"Delivery at 37 or 38 weeks has widely been considered safe—but that's not always the case," says GGH Birthing Center manager Vicki Jenkins, RNC-OB, BSN.

"Infant mortality is at least 50 percent higher for babies born at 37 or 38 weeks, compared to those born at 39 or 40," adds obstetrician and gynecologist Raina Ferenchick, MD. "These babies are also more likely to suffer breathing, feeding and developmental problems."

"When we started looking at this as a



Grady General Hospital was recently awarded a 2014 Leadership Award in the Clinical Excellence category for the hospital's successful initiative to reduce early elective deliveries. Team members pictured include (front row): Kendra Lynch, MD; Vicki Jenkins RNC-OB, BSN, nurse manager of the Birthing Center; Jessica Spires RN, BSN; Rita Pollock, RN; Raina Ferenchick, MD; Crystal Ramm, RN, MSN, director of nursing. Back row: Steve Pearce, CRNA; Julie Dumas, RN, BSN, quality director; Jonathan Lynch, MD; Zita Magloire, MD; Mark Hudson, DO; Ashley Register, MD.

possible improvement project, we knew GGH didn't have a 0 percent EED rate," Jenkins says. "But through the discovery process, we were very surprised to learn we had a rate that was more than 50 percent, and this further influenced our decision to focus on this area."

Through a multidisciplinary, collaborative effort, GGH's team developed new policies and procedures and educated all nurses and physicians on the new protocols. In the past seven quarters, GGH has had a 0 percent EED rate, surpassing the

goal of 5 percent.

"When presented with factual, quantitative data and the 'why' behind implementation of a new policy, our entire clinical team recognized the need to reduce EEDs—because it's what is best for our patients," Jenkins says.

"We truly feel we have hardwired this change into practice and are excited to know that we are providing the best and safest care to all our OB patients," says Crystal Ramm, RN, MSN, director of nursing at GGH.

MITCHELL CONVALESCENT CENTER

Excellence in action

FOR THE SECOND YEAR in a row, Archbold's Mitchell Convalescent Center (MCC) has received an Excellence in Action award for achieving the highest levels of resident and staff satisfaction—in the top 10

percent—in a survey administered by the National Research Corporation, the largest warehouse of long-term and senior living satisfaction metrics in the United States.

Excellence in Action award winners

must have achieved a minimum of 10 responses with a minimum 30 percent response rate in a customer satisfaction survey. Winners also had to score in the top 10 percent of qualifying facilities on the percentage of respondents rating the facility as "excellent" in response to: "What is your recommendation of this facility to others?"

"Our No. 1 priority is to ensure our residents receive the care they need and

We made the honor roll!

THREE ARCHBOLD hospitals have been named to the Georgia Hospital Association's (GHA) Partnership for Health and Accountability Core Measures Honor Roll. Grady General Hospital and Archbold Memorial Hospital are 2 of 26 hospitals in Georgia to be placed in the Trustee category, the second-highest on the list. Mitchell County Hospital is one of 30 hospitals in Georgia to be placed in the Chairman's category, the highest on the list.

The honor roll is based on 2013 clinical data provided by the Centers for Medicaid & Medicare Services (CMS), detailing how well a hospital's caregivers adhere to a list of best practices in the treatment of surgical patients and patients who have experienced heart attack, pneumonia and heart failure.

A hospital's adherence to these recommended clinical practices usually leads to better outcomes.



compassion they deserve," says Jamie Womack, administrator at MCC. "We're thrilled to be recognized for our commitment to our residents and their families. It's very rewarding to know that not only our staff, but also our residents and their family members recommend our facility to their friends and family members. That's how we know we're providing the best care for our residents."



We impact more than just your health

ARCHBOLD BOOSTS LOCAL BOTTOM LINE WITH \$707 MILLION ECONOMIC IMPACT

HOSPITALS ARE essential for our communities, providing care for people when they need it most. And behind the scenes, hospitals significantly affect many people on a daily basis, even those who may not come through the hospital doors.

The Georgia Hospital Association recently released its *2012 Economic Impact Report*, which quantifies the impact of Archbold in the community. Using the U.S. Bureau of Economic Analysis methodology, Archbold Medical Center's regional economic impact was more than \$707 million in revenue for the local and state economy in 2012. During the same time period, Archbold provided more than \$31.6 million in uncompensated care while sustaining more than 5,732 full-time jobs throughout Southwest Georgia and the rest of the state.

Archbold—a four-hospital regional health care system—had direct expenditures of more than \$309.5 million in 2012. When combined with an economic multiplier developed by the U.S. Department of Commerce's Bureau of Economic Analysis, the total economic impact of those expenditures in the region was more than \$707.2 million.

"Archbold is a huge economic engine for Southwest Georgia," says Lauren Basford, executive director of the Thomasville/Thomas County Chamber of Commerce. "The health system and its employees buy goods and services from other businesses in our area, which creates additional economic value for our region, but each hospital job supports about two more jobs in our community. And every dollar spent by the hospital supports roughly \$2.30 of additional business activity in our region."

Despite years of economic downturn and changes in health care, Archbold Medical Center has maintained an enormous positive impact on our local economy.

"Just like all hospitals across the country, we are learning new ways to adapt to the rapidly changing environment in health care," says Perry Mustian, Archbold President and CEO. "But our community can be confident that Archbold's focus remains the same—we are very committed to serving the residents of this region by providing the very best care in a patient-focused and cost-effective manner."

COLD *or* FLU?



Colds and the flu share some symptoms, but they are two unique conditions.

COLD SYMPTOMS FLU

ACHES/PAINS ●

● COUGH ●

● CHEST DISCOMFORT ●

EXHAUSTION ●

FATIGUE ●

FEVER ●

HEADACHE ●

● SNEEZING

● SORE THROAT ●

● STUFFY/RUNNY NOSE ●

● VOMITING/DIARRHEA ●

Sources: American Academy of Family Physicians; National Institute of Allergy and Infectious Diseases

Caught a cold? Sharing is not a good thing

WHEN YOU'RE SICK, you certainly don't wish your illness on anyone else. Yet we all know that what goes around comes around—especially colds.

And according to Elving Colon, MD, that's because cold viruses are notoriously contagious.

"A cough here, a sneeze there or an innocent handshake could be all that it takes for your cold to belong to someone else—perhaps the guy at the grocery store, a co-worker or a loved one," Dr. Colon says.

So the next time you catch a cold, Dr. Colon recommends you do something kind for friends and strangers alike:

Keep your cold at home. If possible, stay home from work or school. While you're resting, you'll also be reducing the spread of germs.

Reach for a tissue. Remember to cover your mouth and nose with a tissue each time you cough or sneeze. No tissue handy? Just cough or sneeze into your elbow—not your hands. Some cold germs can linger for hours on your hands or the surfaces you touch.

Clean your hands often. Frequent handwashing helps remove cold viruses.

For the best results, scrub your hands with soapy water for about 20 seconds. Be especially sure to do this right after you cough, sneeze or blow your nose.

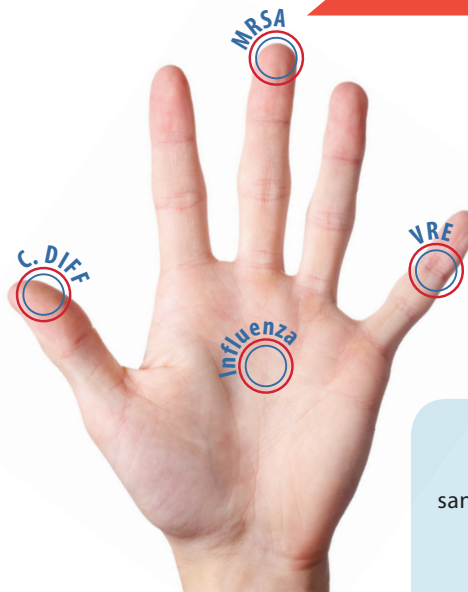
Don't stand so close. Try to avoid, or at least don't get close to, other people while you're sick—especially anyone with a health problem that could make them vulnerable to complications from a cold.

Don't share. Consider putting out separate hand towels in your bathroom for those who aren't sick.



Elving Colon, MD
Family Medicine Physician
Thomasville Family Medicine

Alcohol-rub or wash before and after every contact.



Clean hands! They save lives.



Clean hands—that's our first order of business before providing you with expert care. Our policy of hand sanitizing before each patient contact ensures your safety from germs that can spread in any health care setting.

New clinical trial at Archbold

CLINICAL TRIALS test procedures or medications in volunteer patients. Until recently, these studies were mostly limited to large acute care medical centers and teaching hospitals.

Archbold Memorial Hospital's Loudermilk Heart and Vascular Center has participated in numerous clinical trials since 2005, and the Lewis Hall Singletary Oncology Center introduced their clinical trial program in 1990.

New cancer treatments

The Singletary Oncology Center currently participates in several trials that deal with a variety of cancers, including breast and colon cancers and lymphomas. Most recently, the center became part of a trial that is testing a drug that stimulates the patient's immune system to attack non-small cell lung cancer. The drug is given to patients whose cancer has progressed

despite the use of standard chemotherapy. Archbold is one of only three sites in the state of Georgia hosting the trial.

"This new drug could potentially mean great things for patients who otherwise would have no other options," says Teresa Coleman, MD, medical and clinical trials director at the center.

"Every study completed gives us knowledge we didn't have before."

—Teresa Coleman, MD

Who can participate?

Trial participants do not have to be current patients of the Singletary Oncology Center. If a patient's physician thinks he or she is a good candidate, the physician can refer the patient to the center.



Teresa Coleman, MD,
Medical Oncologist
Lewis Hall Singletary Oncology Center

"One of our main goals is to let the public know that these options are available to them," Dr. Coleman says.

Dr. Coleman and her colleagues share a passion about clinical trial impact on patient care. "These studies potentially help thousands of patients worldwide," Dr. Coleman says. "Archbold's clinical trials program allows patients to have access to the latest medical advancements without having to leave Thomasville."

We keep a close watch on your heart

ARCHBOLD MEMORIAL HOSPITAL IMPLANTS SMALLEST CARDIAC MONITOR OF ITS KIND

IN AUGUST, Archbold Memorial Hospital became one of the first hospitals in Georgia to implant Medtronic's new insertable cardiac monitor (ICM) system in a patient.

"This technology is used for patients who experience symptoms that suggest a cardiac arrhythmia and for patients at increased risk for complications from cardiac arrhythmias," says cardiologist Bob Miles, MD.

While significantly smaller than its predecessor, the device allows physicians to continuously and wirelessly monitor a patient's heart for up to three years, with 20 percent more data memory.

The ICM works with global cellular

technology and transmits patients' diagnostic data to their clinicians from nearly any location in the world.

The ICM can be placed easily, in an outpatient procedure, just beneath the skin and is often nearly invisible once inserted.

"In addition to its small size and advanced monitoring capabilities, another advantage of the technology is that patients with this new and improved device can undergo magnetic resonance imaging (MRI) if needed, which wasn't the case with former versions of the technology," says Dr. Miles. "We're excited to have this state-of-the-art technology available to serve patients in our area."



Bob Miles, MD,
Cardiologist
Cardiology Consultants of South Georgia

Hospitalists

Experts in hospital patient care

THIS IS A GIVEN: If you ever end up in the hospital, you want the very best care—24/7. That’s why a special team of health care professionals is increasingly common—and invaluable—at hospitals nationwide. Its members go by the name of hospitalists, a fairly new breed of medical professionals.

“We’re always available for patients and their families, even at night and on weekends and holidays,” says Allen Lee, MD, CEO at Southland MD, the company Archbold partners with for hospital medicine and emergency medicine services. “By having physicians specially trained in hospital medicine on-site at all times, we’re able to quickly respond to any emergency—and better yet, we often help prevent emergencies too.”

The trend to use hospitalists to treat patients in the hospital is due to certain factors such as convenience for the patient, patient safety, and the need for

more specialized and coordinated care for hospitalized patients, but it also helps private practice primary care physicians who already work long hours seeing patients in their practice every day.

“There is a huge demand for more primary care physicians in the United States as a whole, but the demand is even

“Our goal is to see that hospital patients get safe and excellent care, from admission through discharge.”

—Allen Lee, MD

greater in our rural South Georgia/North Florida region,” says Dr. Lee. “Hospitalists help private practice physicians by allowing them to focus on the patients that they treat in their offices, while we take care of their patients that are hospitalized. We continue to talk to our local

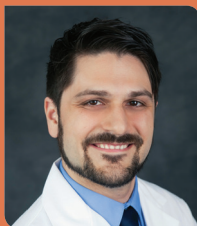
physicians to get feedback on how the hospitalist program can be even more effective for them.”

Hospitalists are board-certified internists or family medicine doctors—just like your primary care doctor—who have opted to do their work in a hospital environment. Hospitalists have expertise in dealing with complicated hospital patient cases on a daily basis.

“Our hospitalist team helps admit and discharge patients, take medical histories and do physical exams, diagnose and manage health problems, prescribe medicines, and recommend treatments,” says Dr. Lee. “We coordinate care and communicate closely with your primary doctor or appropriate specialists, help patients and families better cope with illness, and help patients make a safe transition from the hospital to their home or another facility.”

Meet our new hospitalists

Brandon R. Bergan, MD, grew up in the Southeast and stayed in the area for college, earning a bachelor of science degree in microbiology and molecular biology from The University of Central Florida in Orlando. He earned a doctorate of medicine degree from the University of South Florida College of Medicine in Tampa and completed a residency in internal medicine at White Memorial Medical Center in Los Angeles, California.



Martin Clemmons, DO, attended high school in Marianna, Florida, and went on to earn a bachelor of science degree in biochemistry from Florida State University and a doctorate of osteopathic medicine degree from the Lincoln Memorial University—DeBusk College of Osteopathic Medicine in Harrogate, Tennessee. He completed his residency in internal medicine at the Nova Southeastern University—Largo Medical Center in Largo, Florida.



Archbold's newest hospitalists have many **REGIONAL** connections

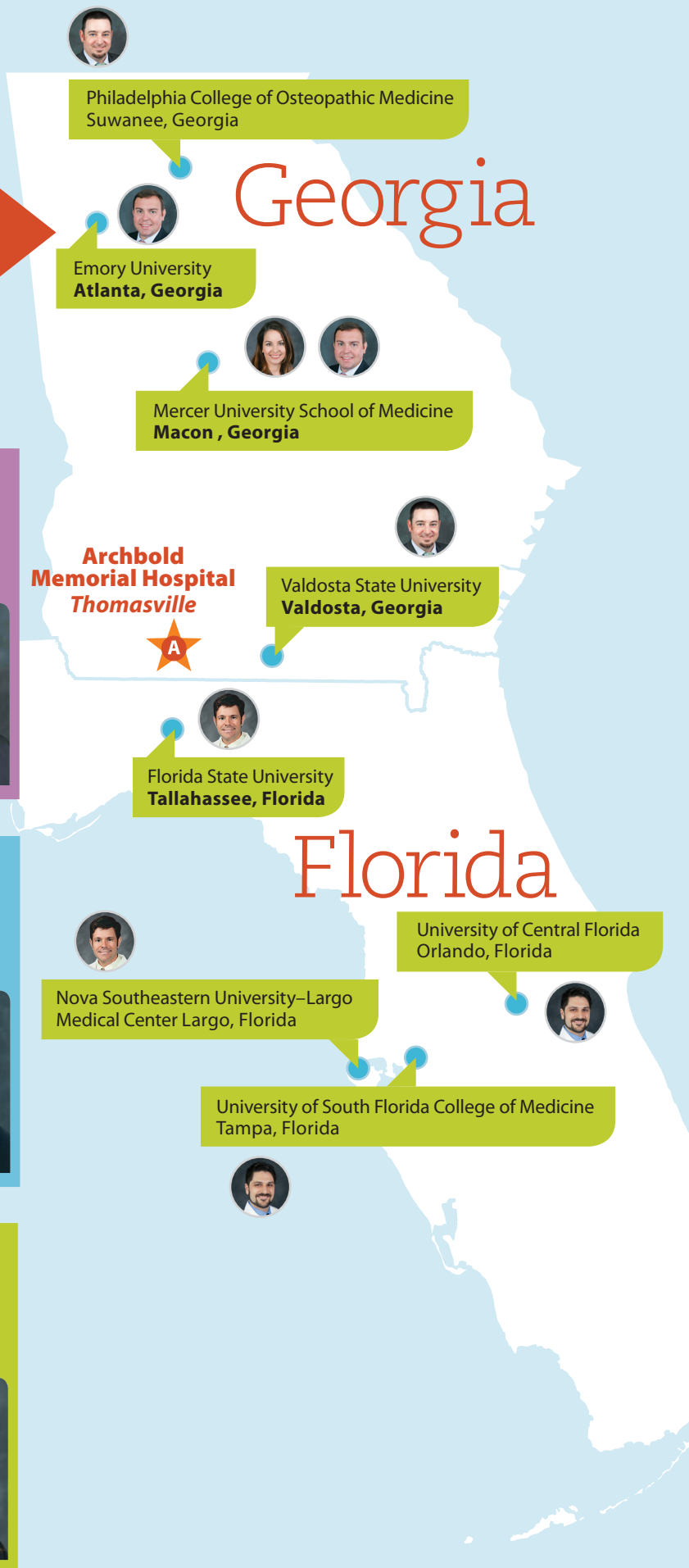
David Mederos, DO, a South Georgia native, graduated from Valdosta State University with a bachelor of science degree in biology. He received a doctorate of osteopathic medicine from the Philadelphia College of Osteopathic Medicine in Suwanee, Georgia, and completed a residency in internal medicine at University Hospital's Richmond Medical Center in Richmond Heights, Ohio.

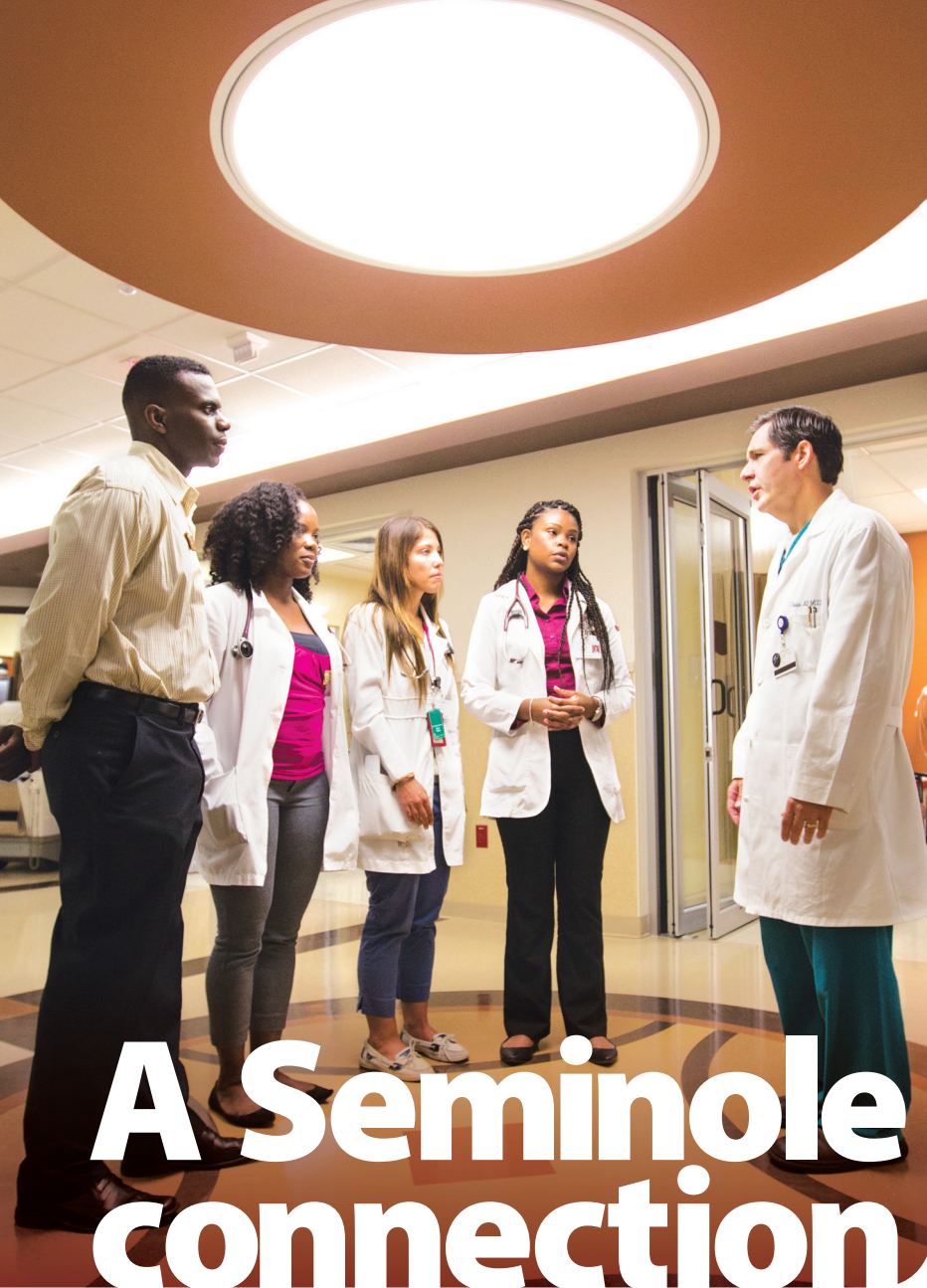


Walter Grady Floyd III, MD, another Georgia native, received a bachelor of science degree in sociology from Emory University in Atlanta and participated in a postbaccalaureate/pre-medical studies program at Harvard University—Extension School in Cambridge, Massachusetts. He earned a doctorate of medicine degree from the American University of the Caribbean and completed a family medicine residency with an emphasis in hospital medicine through the Mercer University School of Medicine at the Medical Center of Central Georgia in Macon.



Fiona C. Kehoe, MD, who is originally from Connecticut, earned a bachelor of arts degree in biology from Long Island University in Brookville, New York, and a doctorate of medicine degree from the American University of the Caribbean. She completed a residency in family medicine with an emphasis in hospital medicine through the Mercer University School of Medicine at Medical Center of Central Georgia in Macon.





A Seminole connection

“Thomasville has done a magical job of welcoming and making a significant investment in our students for eight years now.”

—John P. Fogarty
DEAN, FSU COLLEGE OF MEDICINE

WHILE DOZENS of Florida State University (FSU) medical students have quietly developed their clinical skills just across the Georgia border for nearly a decade, FSU College of Medicine Dean John P. Fogarty, MD, says it’s time to loudly proclaim Thomasville as one of the best-kept secrets of the medical school’s success.

A few FSU alumni have settled in South Georgia to practice, returning the favor to a community that needs them. Some of those alumni, in turn, have joined the FSU clerkship faculty to teach our students in clinical settings in and around Thomasville.

“Thomasville has done a magical job of welcoming and making a significant investment in our students for eight years now,” Dr. Fogarty says. “And it’s a perfect fit with our mission. Many

areas in South Georgia are terribly underserved in terms of the kinds of doctors they need. So it just made sense for us to think about Thomasville. Archbold has been a wonderful partner.”

The feeling is mutual, says Rudy Hehn, MD, the Archbold physician who’s largely credited with the program’s success—and who acknowledges that this partnership has largely “flown under the radar” until now.

“The doctors like the students,” says Dr. Hehn, who’s lived in Thomasville for 30 years. “And they feel like medical education strengthens their own commitment to keeping current.”

“It’s valued by our medical staff,” adds Mel Hartsfield, MD, Archbold’s chief medical officer. “Many of them are FSU grads and like being part of their university.”

The students, meanwhile, feel as if Archbold becomes their personal hospital. Alumna Randa Perkins, MD, who now works at Tallahassee Memorial, says, “If you’re a student and know you’re committed to primary care and want to experience everything, come to Thomasville.”

The partnership

As director of community clinical relations, Mollie Hill has helped establish FSU’s six regional campuses and two clinical training sites across Florida—Thomasville is an offshoot of the Tallahassee campus. Sometimes that process has involved heavy lifting. Not in Thomasville.

“Early on, the Thomasville medical community and Archbold hospital really wanted to be involved,” Hill recalls. But the FSU team was hip-deep in the logistical challenges of creating a unique, multicampus medical school that uses community physicians as its faculty. “Initially we literally didn’t have time to add Thomasville, but they never lost their enthusiasm.”

Finally, in 2004, FSU and Archbold were able to sign an affiliation agreement.

“But it never would have worked without the private donations, the contributions by the hospital and finding the right person to coordinate it,” Hill says.

The investment

In 2005, the Williams Family Foundation of Georgia created the Thomasville Endowment for the Advancement of Medical Education and

made a commitment of \$1,000,001. (The extra dollar pushed the state match from 70 percent to 75 percent.)

Also in 2005, Archbold created the Archbold Fund for Excellence in Medical Education and made a five-year, \$500,000 commitment for cash and in-kind gifts. The fund supports the administrative and program needs associated with the Thomasville teaching site at Archbold. A follow-up gift agreement from Archbold was signed in 2011, providing \$262,500 in cash and gifts-in-kind over five years. That commitment continues the medical center's support of the Archbold Fund for Excellence in Medical Education.

The leadership

Dr. Hehn is an unassuming but enthusiastic champion of the Thomasville students.

"Dr. Hehn gives us responsibilities and tasks to encourage and increase our confidence in making decisions and taking on the full responsibility of taking care of a patient," says then-fourth-year student Judy Lin, MD. "However, at the root of his success in teaching medical students is the fact that he really cares about how each student is doing."

Dr. Mel Hartsfield formerly was dean of the Tallahassee regional campus and, therefore, has seen this partnership from both sides. When he stepped down, he assured his successor, distant cousin Ron Hartsfield, MD, that he could depend on Dr. Hehn to keep the Thomasville program running smoothly.

"He's a hospitalist," Dr. Mel Hartsfield says of Dr. Hehn. (See page 8 to learn about hospitalists.) "He has contact with the students all the time. That's an additional benefit for students coming here."

Dr. Hehn arranges student credentials and tries to figure out what the student particularly needs to learn and, therefore, who the best physician/teacher might be.

The students

The first three students arrived in 2006 just after Archbold had set up clinical rotations for them.

"This was a new experience for almost everyone involved," alumna Dr. Perkins recalls, "but you would have thought that they had been doing



Fourth-year medical student Michael Quinif observes obstetrician-gynecologist Melissa S. Bruhn, MD, during his OB-GYN rotation at the Shaw Center.

this for 20 years. If you had an interest in doing anything, they made it happen. I really got to get my hands dirty."

Elving Colon, MD, arrived a year after Perkins, left for his residency, then came back.

"I got to know the medical community very well," says Dr. Colon, who now practices family medicine at Archbold. "It's an underserved community, and I knew they were looking for family physicians to return. So it was a no-brainer."

He said Thomasville patients love having students care for them because students often have more time than the attending physician.

The community

As new third-year students come to town, the community reaches out to them—most notably through an outdoor party hosted by Theresa and Joe Brown. Though Theresa Brown downplays their annual reception, it symbolizes the whole town's hospitable approach to our students.



Archbold supporters Joe and Theresa Brown host an annual welcome reception for FSU medical students who are placed at Archbold for their third- and fourth-year rotations.

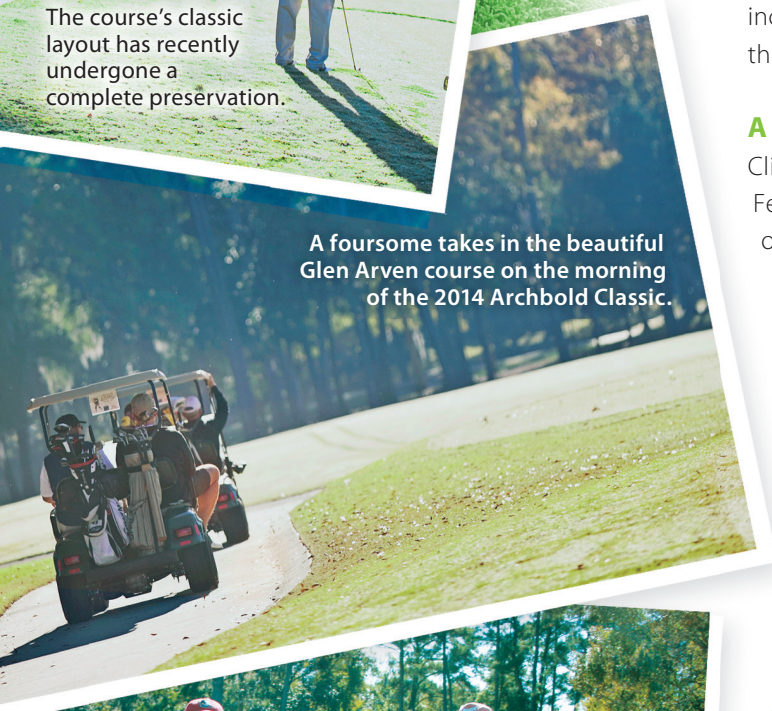
FSU partnership timeline

- 2000** FSU College of Medicine established.
- 2001** First students arrive at main campus.
- 2003** First regional campuses open in Tallahassee, Pensacola and Orlando.
- 2004** Archbold signs affiliation agreement with College of Medicine to become a teaching site.
- 2005** Gift agreements establish Thomasville Endowment for Advancement of Medical Education and Archbold Fund for Excellence in Medical Education.
- 2006** Rudy Hehn, MD, selected as Thomasville clerkship administrator; first College of Medicine students arrive in Thomasville.

The Classic



The course's classic layout has recently undergone a complete preservation.



A foursome takes in the beautiful Glen Arven course on the morning of the 2014 Archbold Classic.



The winners of the 20th Annual Archbold Classic are, from left, Sam Childers, Scott Parel (pro), Craig Wentworth and Mel Hartsfield

IN 1995, the Archbold Foundation hosted the first Archbold Classic Pro-Am Tournament in an effort to raise funds in support of the Archbold Scholarship Program. Twenty tournaments later, the annual tournament remains a popular event for Archbold as well as the professional and amateur golfers who participate. Since its inception, the tournament has raised well over \$1 million to sustain the scholarship program.

A tournament is born

Cliff Campbell, former Archbold board chairman, along with Pat Fenlon, former Archbold Medical Center president and CEO, originally proposed the idea of a golf tournament as a fundraising event for the foundation. In the official memorandum proposing the idea, it was suggested the event be held at Glen Arven Country Club and should include celebrity golfers and be a first-class event.

"Two men had the vision and foresight to start the Classic 20 years ago," says Archbold Foundation President Vann Middleton. "Mr. Fenlon was a longtime hospital president, from 1960 to 1983. His good friend and former C&S Bank President Cliff Campbell had been involved as an Archbold board member and community leader for many years.

"I think, as a scholarship tournament, the Classic has had an untold impact on a great many Archbold employees, as they were able to receive the monetary help to pursue and grow health care careers."

*—Clay Campbell
President, Archbold Health Services*

The two shared a passion for golf and were obviously proud of Glen Arven and its historic course. But they also shared a love for Archbold, and wanted to create a premier event that would attract pros and amateurs alike for a fun day of raising funds for the foundation."

Fenlon and Cliff Campbell quickly enlisted the leadership of another avid golfer and Glen Arven Country Club member to run the tournament: Don Demsher, who has served as the tournament

at 20

director for each of the 20 Archbold Classic tournaments since the first one in 1995.

"Dad would have been very proud to see the Classic turn 20," says Clay Campbell, Archbold Health Services president and son of Cliff Campbell. "He was very much an Archbold supporter in all areas. He knew how important Archbold was for Thomasville. When he and Pat started talking about a tournament, I'm not sure they ever imagined how well it would do. It was actually Pat's idea—he had seen other people do tournaments that were successful fundraisers. My dad was retired and had time to help work on the idea. But you have got to give credit to Don Demsher, Bill Connally and the original golf committee that took the idea, developed it and promoted it to get where we are today."

A local treasure

The decision to hold the tournament at Glen Arven was obvious: Glen Arven had a very rich history in hosting golf tournaments.

Middleton says that many people may not realize it, but Glen Arven used to be a regular tour stop on the PGA Tour.

"Back in the mid 1930's, the Thomasville Open became part of the PGA Tour's 'Southern Swing.' Some of the day's top players made Thomasville and Glen Arven a regular stop on the tour, including legendary players like Gene Sarazen, Henry Picard, Byron Nelson, Sam Snead and Ben Hogan," explains Middleton. "The Piney Woods Invitational, the oldest amateur tournament in the South, is another great legacy of Glen Arven. The Piney Woods was first played in 1919 and continues today with a strong field of amateur players from all over the South."

"Founded in 1892, Glen Arven is one of the oldest courses in the United States and has played host to several dignitaries of note over the years," says Middleton. "President Eisenhower was a frequent visitor and enjoyed playing the course while in town hunting with his friends George Humphrey and Jock Whitney."

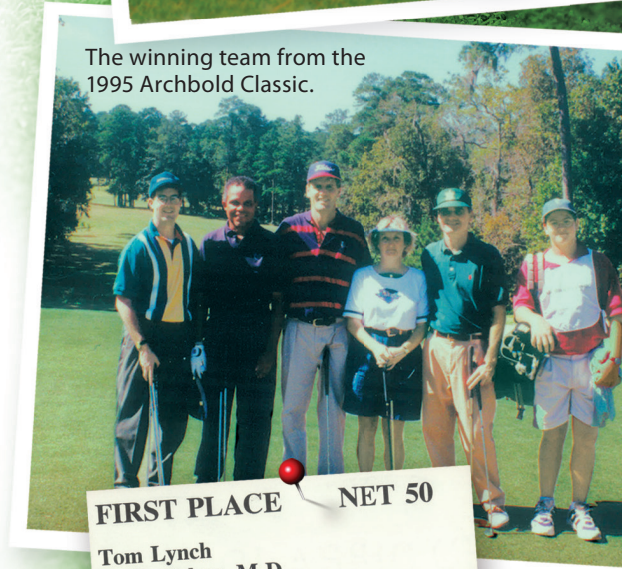
The course's classic layout, which has recently undergone a complete preservation by noted golf course architect Bob Cupp, is also a draw for professionals and amateurs alike.

Through the years, many local amateurs have played with future and former well-known professionals in the tournament, including Chris

Continued on page 14



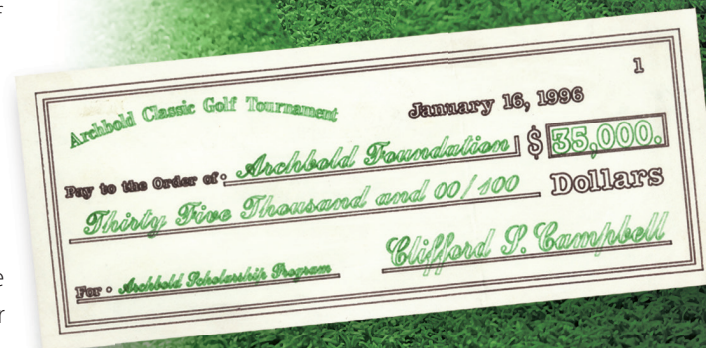
William and Kathie Johnstone provided a trick shot exhibition for guests at the 2004 Archbold Classic.



The winning team from the 1995 Archbold Classic.

FIRST PLACE NET 50

Tom Lynch
W.H. Baker, M.D.
David Jackson
Alice Quinif, M.D.
Nick Quinif, M.D. **Nike Player**



The first Archbold Classic raised \$35,000 for the Archbold Foundation. Since 1995, the tournament has raised more than \$1 million to sustain the scholarship program.



Roger Pierce, 2002 Archbold Scholarship recipient and 2013 Archbold Employee of the Year, with Clay Campbell, president of Archbold Health Services

Foundation for education

Archbold's first scholarships were awarded thanks to a lasting gift made by Mr. and Mrs. John Hay Whitney of New York. The Whitneys, owners of Greenwood Plantation in Thomasville, created the Beard Scholarship program in 1956 to serve as a lasting memorial to their longtime manager at Greenwood, Major Louie A. Beard.

Since then, the commitment to students pursuing degrees beyond high school in health care professions has remained strong. The pledge to cultivate the ambitions of individuals pursuing health care careers has continued through the years and has grown thanks to support from the Adrian and Jessie Archbold Charitable Trust and generosity of many supporters of Archbold.

Changing the future, together

"We are extremely fortunate to have the support of our sponsors—many of whom have sponsored all 20 years of the event," says Archbold Foundation President Vann Middleton. "Our sponsors help provide a philanthropic boost to the foundation's good work in our community. Having a designated cause to promote like the Scholarship Program only helps lend a personal touch to their giving. They know that they aren't just writing a check, they are impacting someone's future in a positive way."

Want to help shape the future of health care? Consider a gift to the Archbold Foundation, and help tomorrow health care professionals get started today. For details, call **229.228.2924** or visit **www.archboldfoundation.org**.

Continued from page 13

DiMarco, Jason Dufner, Harris English, Kenny Knox and Bubba Watson.

"The professionals love the historic nature of the course with its pronounced undulating hills and fairways lined with majestic longleaf pines," says Middleton. "For our amateur guests, the event offers them the opportunity to play alongside current and past touring professionals, which always makes for a fun time. You never know who the next Bubba Watson or Harris English is going to be. Having a chance to have played in a tournament with the likes of those two is a real treat. We've been very fortunate to have had many well-known tour players. It's helped increase the popularity of the tournament, and the amateurs really look forward to playing with them."

Foundation of giving

Even though the venue is rich in history and the opportunity to play with great professional golfers is a huge draw for tournament participants, the community and Archbold supporters have not lost sight of the true purpose of the event—to help fund the Archbold Scholarship Program.

"Archbold is the largest employer in Thomas County and has a tremendous economic impact in the communities the health system serves," says Archbold President and CEO Perry Mustian. "One of the ways we give back to our community is to help deserving students in our areas who are pursuing a career in the health care field."

Archbold's first scholarships were initiated in 1956 through the generosity of Thomasville plantation owners Mr. and Mrs. John Hay Whitney.

Archbold offers individual scholarships to students throughout the region who are taking health-related, college-level courses. Additionally, scholarship support is available for those taking technical school courses that lead to registration or certification in the health care fields or for those pursuing professional degrees in health-related majors.

Clay Campbell adds, "I think, as a scholarship tournament, the Classic has had an untold impact on a great many Archbold employees, as they were able to receive the monetary help to pursue and grow health care careers. It helps attach the community to our mission in a fun way, and that was something Dad and Pat both talked about. I also think it helps our employees to see the community rally behind the place we work and care so much about."

Mammography technician Cindy Whitfield, RT(R)(M), demonstrates the recently launched digital mammography service at Mitchell County Hospital.



MAMMOGRAMS

Digitally yours

According to the ACS, women should begin having yearly mammograms at age 40. To find out more, visit the ACS at www.cancer.org.

ALL MAMMOGRAMS start the same way—with an x-ray of the breast. But a newer type, called a digital mammogram, processes images differently. It records and stores images on a computer instead of on x-ray film.

Digital mammograms still require compressing the breasts to get good images. But according to the American Cancer Society (ACS), they have some advantages over film.

Viewing and sharing

After you have a mammogram, the images are analyzed by a specialist called a radiologist. With digital mammograms, the radiologist can adjust the images on the computer screen to get a better look. He or she can change the size, brightness or contrast to see certain areas more clearly. "Some studies show that this reduces the number of women who need to return for extra tests," says John B. Carico, MD, a radiologist at Archbold.

If the radiologist wants to send the images to your doctor or show them to another specialist, this can easily be done electronically. Managing images this way is similar to how digital photos can be viewed and shared.

"Both film and digital mammograms work well at finding breast cancer," Dr. Carico says. "However, several studies show that digital images may be more accurate in women younger than 50 and in women with dense breast tissue."

Safe and effective

While all x-rays use radiation, the dose from both film and digital mammograms is very small. In fact, one mammogram delivers about the same amount of radiation as you would be exposed to flying on a commercial flight from New York to California.

If you only have access to film mammograms, don't worry. Both types are very good at detecting breast changes early, when treatment works best.



John B. Carico, MD,
Radiologist
Archbold Medical Center

Take a stand against foot ulcers

INFORM. INSPECT. INTERVENE.

If you have diabetes, these are the three words that can help protect your feet. And it's crucial that you become familiar with them.

The reason: Diabetes puts you at risk for foot ulcers. These open sores that develop on skin can lead to infection, hospitalization and even amputation.

But they don't have to.

Podiatrist Viet Anh Vu, DPM, explains below how you can use the three I's to keep your feet safe.

Inform yourself about the risk. Foot ulcers may begin as sores that result from poorly fitting shoes, long periods in bed or an injury that breaks the skin. "But because diabetes can damage nerves, you might not feel any discomfort—what starts as a small irritation can be easy to miss until it gets much worse," Dr. Vu says.

Diabetes can also damage blood vessels, which may limit blood flow to the area.

"This makes healing more difficult—

especially when blood sugar levels are high," Dr. Vu says. "If infection sets in, it may lead to gangrene, which can be deadly."

Our highly trained wound care staff can take care of diabetic foot ulcers and other types of wounds.

To learn more, visit www.archbold.org.

According to the American Podiatric Medical Association, your risk of a foot ulcer increases if you use insulin; have diabetes-related kidney, eye or heart disease; are overweight; or use alcohol or tobacco. Risk also is elevated in older men, Native Americans, African Americans and Hispanic people.

Inspect your feet. Because you may not feel irritations, you need to go looking for them on your feet—every day.

"Watch for cuts, cracks, blisters, redness, swelling or thickened skin," Dr. Vu says. "Foot odor or drainage on your sock could also be signs of trouble."

Intervene to prevent trouble. At the first sign of any foot problem, tell your doctor. "Quick treatment lowers the risk of infection," Dr. Vu says. "That treatment may include taking pressure off your foot, removing dead tissue, and applying topical medications and dressings. If infection sets in, antibiotics and specialized wound care may be needed."



Viet Anh Vu, DPM
Podiatrist
Thomasville Foot and Ankle Center



Inspect your feet. Because you may not feel irritations, you need to go looking for them on your feet—every day. "Watch for cuts, cracks, blisters, redness, swelling or thickened skin," Dr. Vu says.



10 ways to protect your skin

DIABETES CAN WREAK havoc on skin, affecting how blood vessels nourish the body, requiring drugs that make skin itchy and dry, and suppressing the body's ability to fight infection if bacteria sneak in via a small cut or blister.

Here are 10 skin must-do's for people with diabetes, according to the American Diabetes Association:

- 10** Keep your skin clean, but bathe less often to preserve moisture.
- 9** Take warm to cool baths and showers.
- 8** Use lotions to moisturize and soften your skin. Dry skin itches and cracks, letting infections take hold.

7 Dry carefully between your toes, but don't use lotion there. The moisture may encourage fungal growth.

6 Treat cuts right away.

5 During dry and cold months, keep your home humid.

4 Check your feet every day for sores and cuts.

3 Wear wide-toed shoes that fit well to avoid blisters and sores.

2 See your doctor right away for any major cut or burn or for skin problems you can't control.

And the No. 1 way to protect your skin?

Keep your glucose level under control. This helps your whole body, including your skin, stay as problem-free as possible.

Diabetes numbers to know

How would you know if you had diabetes or might be headed that way?

You can't count on symptoms—prediabetes and diabetes usually have none at first. But a blood test can reveal whether your glucose level is normal or high.

These tests may be used to measure blood glucose in either milligrams per deciliter (mg/dL) or percentages. See how your numbers compare.

	Fasting plasma glucose test (mg/dL)	Oral glucose tolerance test (mg/dL)	A1C test (percent)
Normal	99 or below	139 or below	About 5
Prediabetes	100 to 125	140 to 199	5.7 to 6.4
Diabetes	126 or above	200 or above	6.5 or above

Sources: American Diabetes Association; National Diabetes Information Clearinghouse

Baskets of joy

GIVE HEALTHY GOODS

Happy holidays can begin with gifts that encourage your favorite people to live healthier year-round.

Help your loved ones exercise and eat in healthful ways with these gift ideas.

Get kids movin' and groovin'

Give kids a soccer ball, football, jump rope, boomerang or flying disc, and watch the family fun and fitness begin. Include a CD of upbeat music to play in the background.

Help adults get fit

Grown-ups may enjoy using a pedometer or a watch with a heart rate monitor. A drop-in gift card for an exercise class at a local health club may encourage interest in a new activity. Help outfit workouts with free weights, a stability ball, a jump rope, resistance bands or workout clothing.

Serve up good health

Treat a foodie friend to a selection of fresh fruit, unsalted nuts or gourmet teas. Include a healthy foods cookbook or your favorite low-fat recipes. Prepare a healthy soup mix in a nice mason jar. Or give a gift certificate for a healthy cooking class.

Beat back stress

Help melt away someone's holiday stress with candles, soaps, bubble bath or a soothing music selection. Offer to help with child care or housekeeping.

To top it off, give the best gift of all—your time. Make up a coupon for a walk, run, bike ride or healthy meal to enjoy together.

Source: U.S. Department of Health and Human Services



The holidays

MAKE THEM MERRY, HEALTHY AND SAFE

WHATEVER YOUR winter holiday celebration, chances are you'll be brightening the days with lots of lights, food and good cheer. Help keep those times festive and fun with these suggestions for a safe and healthy season.

Around your hearth

From Yule logs to Hanukkah candles, from oil lamps to luminarias, fire lights up many winter celebrations. To safely enjoy the glow:

Decorate with candles wisely. Place them where drafts, children or pets can't topple them—and well away from anything flammable (like curtains). Stow matches where kids can't find them.

Man the lights. Turn decorative lights off whenever you aren't home and

before going to bed each night. An electrical short in a string of bulbs could start a fire.

De-clutter the fireplace. If you open gifts near a fireplace, clean up after you're done. Paper, ribbons, bags and bows can ignite near a flame.

Around your table

What's a holiday without delicious (and often fattening) food? Mind your family's waistlines by serving plenty of fruits and vegetables along with smaller portions of traditional treats.

Also, reduce the risk that an unwanted guest—food poisoning—will visit after you've cooked and served that fabulous fare:

- Make sure kitchen helpers wash their



hands often, and remind them to keep all surfaces squeaky clean.

- Don't follow Grandma's example of thawing meat on the counter—thaw it in the refrigerator instead.
- Close down the buffet after two hours. Perishable foods need to be packed up and put in the refrigerator promptly at that time.

Around your heart

The winter holidays warm hearts, but they can also trigger anxious feelings. To help keep stress to a minimum:

- Be honest with your kids and other family about your gift budget, particularly if money is a little tight this year.
- Ask for help. Holidays are more fun when everyone participates.

- Be light-hearted. Look for humor in the inevitable holiday muddles. A perfect dessert is nice today, but you'll laugh for years about the time the whole pumpkin pie fell on the dog. When you meet holiday challenges with humor, your kids receive an invaluable gift: a life lesson in flexibility and resilience.

We wish you a wonderful holiday. If you need us, our emergency department is always open.

- Finally, turn down the lights at a reasonable hour and get a good, long winter night's sleep.

Sources: American Psychological Association; Centers for Disease Control and Prevention; U.S. Consumer Product Safety Commission

HOLIDAY FIRES



150 HOME FIRES

involving decorative lighting occur each year.

TO AVOID FIRE

Check new and old lights for broken sockets, frayed or bare wires, or loose connections. Dispose of damaged lights.

Make sure outdoor lights are certified for that use. Only plug lights into a ground fault circuit interrupter.

Don't link more than three strands of lights together.

Turn lights off before you go to bed or leave the house.

Sources: U.S. Consumer Product Safety Commission; U.S. Fire Administration



Meet Archbold's new providers

Thousands of people choose patient care at Archbold facilities every year. Our new providers are seven great reasons why you should too.

Ronald C. Atwater, MD

Grady General Hospital is pleased to welcome general surgeon Ronald C. Atwater, MD, to the hospital's medical staff.

Dr. Atwater received his bachelor of science degrees in biology and chemistry from Lambuth University in Memphis, Tennessee, and his medical degree from Meharry Medical College in Nashville, Tennessee. Dr. Atwater completed a residency in general surgery through Howard University Hospital in Washington, District of Columbia. Dr. Atwater is board-certified in general surgery and has a special interest in minimally invasive surgery.

Dr. Atwater joins Cairo Medical Care in Cairo, Georgia. The practice is accepting new patients and accepts Medicare and most private insurances.



For more information about Cairo Medical Care, please call **229.377.2002**.

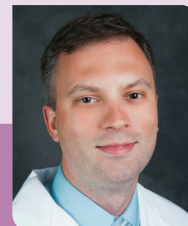
Owen R. Kieran, DO

Archbold is pleased to welcome Owen R. Kieran, DO, to the hospital's medical staff.

Dr. Kieran graduated from Roger Williams University in Bristol, Rhode Island, with a bachelor of science degree in biology. He received his doctor of osteopathic medicine degree from the University of New England College of Osteopathic Medicine in Biddeford, Maine. He then went on to complete his general surgery residency at New York Institute of Technology College of Osteopathic Medicine in Old Westbury, New York.

Dr. Kieran is board-certified in general surgery. As a board-certified general surgeon, Dr. Kieran will specialize in the diagnosis and surgical treatment of diseases.

Dr. Kieran joins Archbold Memorial Hospital as a surgeon with South Georgia Surgical Associates.



For more information about South Georgia Surgical Associates, please call **229.226.8881**.

Christopher L. Daniels, MD

Archbold Memorial Hospital is pleased to welcome board-certified interventional cardiologist Christopher L. Daniels, MD, to the hospital's medical staff. As a board-certified interventional cardiologist, Dr. Daniels is trained in nonsurgical techniques to diagnose and treat conditions that affect the heart as well as peripheral arterial disease. Dr. Daniels is also board-certified in internal medicine, cardiovascular disease and nuclear cardiology.

Dr. Daniels received his bachelor of science degree from the University of Alabama at Birmingham and his medical degree from Meharry Medical College in Nashville, Tennessee. He completed a residency in internal medicine at Virginia Commonwealth University/Medical College of Virginia in Richmond, Virginia, and a fellowship in cardiology and interventional cardiology at the Louisiana State University Health Sciences Center in New Orleans.

Dr. Daniels joins interventional cardiologists Rick Kerensky, MD, and Clay Sizemore, MD, at Interventional Cardiology Consultants. The practice is accepting new patients and accepts Medicare and most private insurances.



To schedule an appointment with Dr. Daniels, please call **229.551.0083**.

Bianca Kierce, AGNP-BC, WHNP

Archbold Memorial Hospital is pleased to welcome adult geriatric nurse practitioner Bianca Kierce, AGNP-BC, WHNP to the hospital's medical staff. Kierce joins the health care team at Archbold Nephrology Group.

Kierce earned a bachelor of science degree in nursing from the University of Central Florida and a dual masters of science degree in adult geriatric and women's health nursing from the University of Alabama at Birmingham.

Archbold Nephrology Group and Kierce are accepting new patients. The practice welcomes Medicaid and Medicare.



To schedule an appointment, call Archbold Nephrology Group at **229.227.1595**.

Tonya Kinsinger, MSN, APRN, RN, AGPCNP-C, OCN

Archbold Memorial Hospital is pleased to welcome nurse practitioner Tonya Kinsinger, MSN, APRN, RN, AGPCNP-C, OCN, to the hospital's medical staff. Kinsinger joins the health care team at the Lewis Hall Singletary Oncology Center.

Kinsinger earned a bachelor of science degree in nursing from Drake University in Des Moines, Iowa, and a master of science degree in nursing from Duke University in Durham, North Carolina.



For any questions concerning the Lewis Hall Singletary Oncology Center, please call **229.584.5400**.

Zita Magloire, MD

Grady General Hospital is pleased to welcome family practice physician Zita F. Magloire, MD, to the hospital's medical staff.

Dr. Magloire received her bachelor of science degree from Mississippi State University in Starkville, Mississippi, and her medical degree from Florida State University. Dr. Magloire completed a residency in family medicine through the Via Christi Family Medicine Residency Program sponsored by the University of Kansas School of Medicine in Wichita and is board-certified in family medicine. She provides adult, pediatric and women's health services, including obstetrics.

Dr. Magloire joins Cairo Medical Care in Cairo, Georgia. They are accepting new patients and accept Medicare and most private insurances.



To schedule an appointment with Dr. Magloire, please call **229.377.2002**.

Gregory S. Laffitte, PA-C

Archbold Memorial Hospital is pleased to welcome physician assistant Greg Laffitte, PA-C, to the hospital's medical staff. Laffitte joins Ethan Kellum, MD, at Archbold Orthopedic Group.

Laffitte earned a bachelor of science degree in criminology from Florida State University as well as a bachelor of science degree in physician assistant studies from Touro College in New York. He also earned a master of science degree in family practice studies from the University of Nebraska.

"After being away for several years, my family and I are excited to be back in this area," says Laffitte. "I look forward to working in this wonderful community again and being a part of such a great health care team here at Archbold."



For any questions concerning Archbold Orthopedic Group, please call **229.584.4100**.

Take five for your health

What can you do to get the best and safest health care possible? Take five—five steps toward becoming a better advocate for your health.

People who are more involved in their care tend to get better results, the Agency for Healthcare Research and Quality reports.

So, consider taking these steps:

1 Speak up. Ask your doctor any questions you have about symptoms, medicines, tests or treatments.

2 Monitor your medications. Prescribed drugs can be dangerous when combined with certain other drugs, foods, herbal remedies or over-the-counter medicines.

To guard against such problems, show your doctor a list of all the medicines, vitamins and herbal products you use.

3 Get results. If your doctor orders medical tests, be sure you learn the findings and what they mean to your health. Call if you don't hear back from your doctor or the lab when expected.

4 Be sure. If your physician recommends a particular medicine or surgical procedure, make sure you know why.

Ask if you have other options. What are the benefits and drawbacks of the treatment? Are there risks?

If you still aren't sure how to proceed, it may be appropriate to request a second opinion from another doctor.

5 Follow up. Care doesn't end once you leave a doctor's office or hospital. Call your doctor if:

- Symptoms get worse.
- Medicines cause side effects.
- You have complications while recovering from a procedure.

Primary care physicians and specialists work together to ensure your good health. For a comprehensive list of Archbold providers, visit www.archbold.org.



Care at the end

HOW HOSPICE CAN HELP

FROM THE DAY we enter this world until the day we leave it, specialized medical care can make our journey easier.

For people near the end of life, this care is often provided through hospice, a program that strives to bring comfort and peace to terminally ill patients and their families.

Tailored teamwork

Most medical care focuses on extending the quantity of life. Hospice focuses on improving quality of life. One of its main goals is to control pain and other symptoms so that terminally ill people can live as fully as possible in the time they have remaining.

Generally, those receiving hospice care are expected to live six months or less. They've chosen to end treatments aimed at curing their disease. But they do receive support that can make them more comfortable—physically, psychologically and spiritually.

This support is delivered by a team of hospice professionals. According to the National Hospice and Palliative Care Organization, that team may include a person's primary care physician, a hospice physician or both; nurses; home health aides; social workers; and counselors or spiritual advisors.

Often, hospice care is provided at home. But it may also be offered in a hospital, nursing home or hospice residence.

Together, the hospice team develops a plan of care tailored to each person's specific needs. Then they work with that person's family members, who typically serve as primary caregivers. Should the need arise, members of the team are available to offer assistance 24 hours a day, 7 days a week.

New administrator proud to lead Hospice of Southwest

ARCHBOLD is proud to announce that Lisa Phillips, RN, BSN, has joined Hospice of Southwest Georgia as the new administrator.

Phillips, who is originally from Hahira, Georgia, has 13 years of nursing experience, eight of which specifically focused on health care leadership and management. She earned an associate of science degree in nursing from Manatee Community College in Bradenton, Florida, as well as bachelor of science and master of science degrees in nursing and health care administration from the University of Phoenix in Phoenix, Arizona.

"Growing up in South Georgia, I had always heard great things about

Archbold," Phillips says. "So when my husband received his retirement orders from the military and we saw that Hospice of Southwest Georgia had an opening, we truly felt this was the place we needed to be. It's important to me to be associated with an organization that promotes professionalism and community outreach. Archbold does this so well, so it was a natural fit."

In her new role with Hospice of Southwest Georgia, Phillips will be responsible for the operations of the Archbold hospice agency and will provide management and supervision of all nursing and professional services.

"I'm very happy to have found quality, long-term staff at Hospice of Southwest

Georgia who are truly dedicated to serving their communities and are willing to go that extra mile to ensure our patients' needs are met," Phillips says. "I strongly believe in providing compassionate, quality care to patients and families in one of the most difficult times of their lives. Hospice care helps to preserve our patients' dignity through a dedicated, multidisciplinary team who understands not only the patient's needs at the end of life, but also the needs of the family and caregivers."

Phillips looks forward to enhancing Hospice of Southwest Georgia's community education and outreach programs and growing the agency's volunteer discipline to help ensure patients' and

of life

As an added benefit, hospice staff stay in contact with a person's family after he or she has died. They offer support to the family through the grieving process.

Finding a hospice

Often, hospice care is provided at home. But it may also be offered in a hospital, nursing home or hospice residence. There is a Medicare benefit if hospice care is provided by an approved agency. For those who qualify, private health plans, the Department of Veterans Affairs and, in most states, Medicaid offer coverage as well.

Doctors and hospital discharge planners can help people find hospices in their area.

If you or a loved one is facing a life-limiting illness, consider how hospice may help. The end of life can be a challenging time, but hospice may make it easier for all involved.



Hospice of Southwest Georgia nurse Cindy Grantham with Mary Ann Cason, wife of late veteran William Cason

Honoring our veterans at Hospice of Southwest Georgia

For the past three years, Hospice of Southwest Georgia has acknowledged the unique needs of veterans at the end of life by being a part of We Honor Veterans—a collaboration between the Veterans Administration and the National Hospice and Palliative Care Organization.

On July 17, Hospice of Southwest Georgia staff gathered with family and friends of late veterans at the Cairo Country Club to honor veteran patients who proudly and selflessly served our country.

After a speech from Hospice of Southwest Georgia administrator Lisa Phillips, RN, BSN, the Ochlocknee American Legion gave the presentation of the colors and the national anthem was sung by Jerry Brinson, of Thomasville. Hospice volunteers and staff who

served in the armed forces read the creeds of each of the branches of the military as well as the names of the veteran patients Hospice of Southwest Georgia cared for during the year. Portraits of honored veterans were provided by family members and displayed during the ceremony with the creeds from their branch of service. The service concluded with the playing of taps.

"Hospice of Southwest Georgia's participation in the We Honor Veterans program has helped better prepare our staff to meet the special needs of veterans and their families at this stage in their life," says Phillips. "It was such an honor for our staff to gather with the families and friends of our veterans as a way to celebrate the lives and accomplishments of these special patients."

Georgia

their family's needs are met.

"I've seen firsthand how the Hospice of Southwest Georgia staff represents the true meaning of compassion and quality in every aspect of the care we provide," Phillips says.

"I'm thrilled to be a part of Archbold's Hospice of Southwest Georgia team, and I hope to raise the bar in regards to services provided by Hospice of Southwest Georgia while continuing to provide high-quality compassionate care as we continue to serve our patients and our communities."



Lisa Phillips, RN, BSN



Make a healthy resolution for the new year

Quit smoking and sign up for any of our free, weekly lung cancer screenings.

Please call
229.584.5462
to sign up.

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Tree of Lights

Remember your loved ones with a symbolic light on the beautiful tree in the lobby of Archbold Memorial Hospital.

Contact the Archbold Foundation to make a gift in honor or memory of someone you love this holiday season.

229.228.2924 • www.archboldfoundation.org

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